

Directions to TMR Health Professionals
36 Knockbreda Road (1st Floor)
Belfast BT6 0JB
Tel: 028 9066 1110

From M2 motorway

Follow signs for A24 Newcastle, onto Ravenhill Road
200 yds after Cherryvale playing fields **straight ahead** at roundabout.
50 yds turn **LEFT** into Rosetta Park - leads to Knockbreda Road,
After 250 yds park on street or in Knock Eden Park
Office is above a hair and beauty salon, located at the bus stop on your left.

From Lisburn

Take B23 towards Belfast (Saintfield exit on M1 Motorway)
Follow signs for A55 Outer Ring (Bangor direction)
350 yds after Forestside junction, passing Burger King, turn **LEFT** into Rosetta Road -
leads to Knockbreda Road
After 350 yds park on street or in Knock Eden Park
Office is above a hair and beauty salon, located at the bus stop on your right.

From Belfast city centre

By car – take Ormeau Road (signs A24 Newcastle)
Go through roundabout after 1.5 miles
50 yds turn **LEFT** into Rosetta Park - leads to Knockbreda Road,
After 250 yds park on street or in Knock Eden Park
Office is above a hair and beauty salon, located at the bus stop on your left.

By bus

Routes 29, 29C, 30, 30C departing from Howard St via Gt Northern Mall and
Shaftesbury Square.

Bus stop outside our office in Knockbreda Road, at Mt Eden Park.

Office is above a hair and beauty salon, located beside the bus stop.

Routes 7A, 7B departing from Howard St, Belfast city centre

Routes 77, 78, 79 departing from Wellington Place, Belfast city centre

Alight on Ormeau Road at St John's Church and go down Knockbreda Road, going 1st
left and then 1st right (still on Knockbreda Rd).

From M1 Motorway / Kings Hall

Following signs for A55 Outer Ring (Bangor direction)

350 yds after Forestside junction, passing Burger King, turn **LEFT** into Rosetta Road - leads to Knockbreda Road

After 350 yds park on street or in Knock Eden Park

Office is above a hair and beauty salon, located at the bus stop on your right.

From Bangor and Newtownards

Following signs for A55 Outer Ring (Newcastle direction)

RIGHT onto Cregagh Road (at 2nd set of traffic lights after Castlereagh Road)

2nd LEFT onto Everton Drive

RIGHT onto Rosetta Road East

RIGHT onto Rosetta Road

Straight on leads onto Knockbreda Road

After 250 yds park on street or in Knock Eden Park

Office is above a hair and beauty salon, located at the bus stop on your right.

TMR Health Professionals

